## #BCKINDTOYOURMIND Wental Wellbeing Wental Wellbeing Wental Wellbeing Wental Wellbeing



## May 13 – 19, 2023

Saturday 13 May	Monday 15 May	Tuesday 16 May	Wednesday 17 May	Thursday 18 May	Friday 19 May
	Myrtleford P-12 College Prep - Year 6 My Strengths Activity	Myrtleford P-12 College Prep - Year 6 Being Grateful Activity	Myrtleford P-12 College Prep - Year 6 Kindness Activity	Myrtleford P-12 College Prep - Year 6 Mindfulness Activity	Schools Games Day Prep - Year 6 Myrtleford P-12 College and St Marys Snichols Games
			<b>Student Session</b> Year 7 Myrtleford P-12 College 9.50am - 10.0am	<b>Student Session</b> Year 8 Marian College 9.50am - 10.0am	
Myrtleford Alpine Saints Football & Netball Club Mitch McPherson Community Luncheon Myrtleford Saints vs Yarrawonga Pigeons Ablett Pavilion, Myrtleford 12.00pm - 2.00pm Tickets \$55 https://www.facebook.com/mfncsaints	Mitch McPherson Secondary Students year 10 - 12 Myrtleford P-12 College and Marion College 11.10am - 12.50pm	Mitch McPherson Secondary Students year 7 -9 Myrtleford P-12 Collage and Marian College 11.10am - 12.50pm	<b>Student Session</b> Year 9 Myrtleford P-12 College 11.10am - 12.00pm	<b>Student Session</b> Year 9 Marian College 11.10am - 12.00pm	
			<b>Student Session</b> Year 10 Myrtleford P-12 College 12.00pm - 12.50pm	<b>Student Session</b> Year 10 Marian College 12.00pm - 12.50pm	
			<b>Student Session</b> Year 8 Myrtleford P-12 College 1.40pm - 2.30pm	<b>Student Session</b> Year 7 Marian College 1.40pm - 2.30pm	
	<b>Mitch McPherson</b> Myrtleford Schools Staff Session	NESAY Lisa Bishop Family Connections through Art Myrtleford Senior Citizens Centre 5.30pm Free, 12-18 yrs Materials provided www.nesay.com.au/upcoming-events		NESAY  Michael Carr-Greg  Community Seminar  EMPAC Myrtleford 6:30pm  www.nesay.com.au/upcoming-events	















