

OCTOBER 2022

In the Alpine Shire

The Victorian Seniors Festival is proudly celebrating 40 years in 2022. The 2022 Festival recognises and celebrates older people's resilience over the past two years.

This October there are thousands of events across the state for you to get along to. Pick up a copy of the Victorian Seniors Festival Guide at Council offices, libraries, neighbourhood centres and Coles supermarkets for information on activities in Melbourne and across the State or check out the 2022 Festival online calendar

www.seniorsonline.vic.gov.au/festival

8 Days of Free Travel for Victorian Seniors Card holders.

Victorian Seniors Card holders can get out and explore metropolitan Melbourne and regional Victoria on reserved and unreserved V/Line services during the Festival with FREE

TRAVEL from Sunday 2 October to Sunday 9 October.

Simply carry your Seniors myki and Victorian Seniors Card with you on public transport, and touch on and off as usual. You won't be charged. On regional services that don't use myki, just show your Victorian Seniors Card to the conductor or bus driver.

You need to reserve a seat on long distance V/ Line trains and some coaches. To book a seat on V/Line Services requiring reservations call 1800 800 007.



Monday 3

Bright Social Tennis

BYO racquet or loan available from the club.

Time: 9.00am - 12.00pm

Where: Bright Tennis Club, Coronation Avenue

Cost: \$2 includes morning tea. More information: brighttennisclub@gmail.com



Tuesday 4

Mount Beauty Tennis Club - Over 50s Tennis For all players 50+. Come and join us for a hit and make new

friends. BYO racquet. Time: 9.00am - 10.30am

Where: 6 Lewis Ave, Myrtleford

Myrtleford Bowls Club Come and Try Day

Bring your smile and enjoy our hospitality Equipment provided. Flat soled shoes must be worn. Time: 10.00am - 2.00pm

Wednesday 5

Hidden Treasures History Tour

Learn about the history of Myrtleford. Leaving from Bright, we will travel to Myrtleford and discover the hidden treasures that make Myrtleford unique.

Time: 9.00am - 12.00pm

Bookings Essential: Use the Eventbrite QR code or visit your local library to reserve your place.

Thursday 6

Myrtleford Men's Shed

All visitors welcome. Speak to our members about the benefits of being member of your local Men's Shed.

Time: 10.00am - 2.00pm

Where: 161 Standish St, Myrtleford

Friday 7

Rose Garden Morning Tea

Mount Beauty Neighbourhood Centre.

Time: 11.00am - 12.00pm

Bookings Essential: info@mountbeauty.org.au or 5754 1166

Mytleford U3A - Mad Hatters Glasses Tea Party

Time: 2.00pm

Where: Myrtleford Bowls Club

Cost: \$10.00

Bookings Essential: u3amyrtleford@gmail.com

Monday 10

Bright Alpine Leisure Group Open Door Session

Help us to celebrate Senior's month. Come and meet new people and become socially active through group activities and outings and find out about My Aged Care. Light refreshment provided. No need to book.

Time: 10.00am - 12.00pm

Where: Bright Uniting Church Hall (enter via Burke St)

Tuesday 11

Presented by Victorian Seniors Festival, Finding Elvis with Michael Hogan, brings you the all-time favourite music of Elvis Presley and revisits a by-gone era when Elvis was King. Free Transport is available from Bright, Myrtleford and Mount

Where: Wangaratta Performing Arts Centre

Bookings Essential: WPAC box office 5722 8105 or online https://wpacc.sales.ticketsearch.com/sales/salesevent/77380 **Transport Bookings Essential:** 5755 0555.

Time: 10.00am - 2.00pm

Wednesday 12

Movie and Morning Tea: Ticket to Paradise

team up and travel to Bali to stop their daughter from making the same mistake they think they made 25 years ago. **Time:** 10.00am

Where: Sun Cinema Bright

Cost: \$13.50 for Seniors Card holders and 65+

Bookings Essential: visit Sun Cinema Box Office or online at https://sunbright.com.au/tickets/

Thursday 13

Door Session

Help us to celebrate Senior's month. Come and meet new people and become socially active through group activities and outings and find out about My Aged Care Light refreshment provided. No need to book.

Time: 10.00am - 12.00pm



Friday 14

Myrtleford U3A Come and meet Local Ranger Paul Mock

Time: 2.30pm

Where: Myrtleford Lawn Tennis Club Rooms For more information: u3amyrtleford@gmail.com

Session

Help us to celebrate Senior's month. Come and meet new people and become socially active through group activities and outings and find out about My Aged Care.

Light refreshment provided & no need to book.

Mount Beauty Tennis Club Over 50s Tennis.

For all players 50+. Come and join us for a hit and make new friends. BYO racquet.

Time: 9.00am - 10.30am

Hydro History Tour

Learn about the history of the Kiewa Valley Hydro Scheme. Leaving from Myrtleford, we will travel to Mount Beauty, Bogong Village and visit the Clover

Time: 9.00am - 12.00pm

Bookings Essential: Use the Eventbrite QR code or visit your local library to reserve your place.

Tuesday 18

Myrtleford Men's Shed Come and Try

All visitors welcome.

Speak to our members about what we do and the benefits of being a Men's Shed member.

Time: 10.00am - 2.00pm Where: 161 Standish St, Myrtleford

Bright Bowls Club Come and Try Day

Free sausage sizzle lunch followed by a social game. Instruction available for first timers. All welcome.

Time: 12.00pm

Please book for catering: 0408 889 950

Wednesday 19

Meet the Author - Eliza Henry-Jones

Celebrated author of "Salt and Skin" and other novels. Hear about her journey as an author.

Where: Bright Library 14 Ireland St - 5755 1540 Seating is limited so reserve a place directly with your local

Thursday 20

Upper Ovens History Tour

Learn about the history of the gold diggings. Leaving from Mount Beauty, we will travel to Harrietville and Wandiligong to look at the Chinese diggings and history.

Time: 9.00am - 12.00pm

Bookings Essential: Use the Eventbrite QR code or visit your local library to reserve your place.

Meet the Author - Eliza Henry-Jones

Celebrated author of "Salt and Skin" and other novels. Hear about her journey as an author.

Time: 10.30am

Where: Mount Beauty Library 61 Lakeside Ave - 5754 4305

Seating is limited so reserve a place directly with your local

Friday 21

#learn1thing

Building digital skills. Come and connect with an online trivia game and morning tea.

Time: 10.00am-12.30pm

Where: Mount Beauty Neighbourhood Centre Bookings Essential: info@mountbeauty.org.au or 5754 1166



Saturday 22

Come and Try Abseiling at Mount Buffalo 9.30, 12.30 & 3.30

Participants can challenge themselves with amazing abseiling adventures suitable for first timers and beginners.

Bookings Essential: www.bit.ly/3Duczhn

Upper Ovens Valley Landcare Group

A gentle guided walk through one of our Bush regenerations projects along the Ovens River.

Where: Meet at the FIELD DAY sign on the Mount Buffalo Rd,

Note: this activity will not go ahead if it is raining. **Time:** 2.00 – 4.00pm

700m from the Porepunkah roundabout

Cost: Free More information: Yvonne Ward 0438 000 612

Sunday 23

Come and Try Abseiling at Mount Buffalo 9.30, 12.30 & 3.30

Participants can challenge themselves with amazing abseiling adventures suitable for first timers and beginners.

Bookings Essential: www.bit.ly/3Duczhn

Monday 24

Myrtleford Seniors Picnic

Collect your free picnic lunch from one of 3 local eateries and join us in Jubilee Park to enjoy entertainment from Edvardo, the singing waiter. Bring a chair and your friends.

Time: 12.00pm - 2.00pm Where: Jubilee Park, Myrtleford

Bookings Essential: Use the Eventbrite QR code or visit your local library to reserve your place.

Tuesday 25

Mount Beauty Seniors Picnic

eatery and make your way to Federation Square, Mount Beauty to enjoy the wonder that is Edvardo, the singing waiter. Bring a chair and enjoy the hospitality.

Bookings Essential: Use the Eventbrite QR code or visit your local library to reserve your place.

Wednesday 26

Discover the hidden gems in and around Bright with a guided

Time: 9.30am - 11.30am

Bookings Essential: Use the Eventbrite QR code or visit your local library to reserve your place.

home.

Where: Howitt Park, Bright Bookings Essential: Use the Eventbrite QR code or visit your local library to reserve your place.

Thursday 27

Myrtleford Landcare AGM with Guest

Time: 6.30pm AGM

owners responsibilities. Where: Myrtleford Anglican Hall.

Bookings: 0448 983 109 to register or use the QR code and

Bright Croquet Club Open Day

Here is your chance to learn the game of croquet. Everyone is welcome and all equipment is provided, please wear flat soled shoes.

Cost: Gold coin donation for sausage sizzle lunch.

Friday 28

Myrtleford U3A - Lifeball

Here is your chance to learn this amazing activity.

Where: Sports Stadium (Myrtleford Show Grounds)

friends. BYO racquet. Time: 9.00am - 10.30am

Sunday 30

Alpine History Open Day

Why not make a day trip visiting local museums, local cafés and

Myrtleford Old School Museum

Open: 2.00-5.00pm 29 Elgin Street, Myrtleford

Bright Museum

Open: 2.00-4.00pm Railway Avenue, Bright

Kiewa Valley Historical Society Museum

Open: 10.00am-4.00pm

Free Entry Mount Beauty Visitor Information Centre

31 Bogong High Plains Road **Mount Beauty Community**

Resilience Picnic Mount Beauty Neighbourhood Centre, CFA, SES, Parks Victoria Ambulance Victoria, Red Cross, Community Fireguard and KCC joining forces to present a great day for community to connect

and build resilience. Children's Activities. When: 10.00am - 1.00pm

Where: CFA Station, Lakeside Avenue More information: 5754 1166 or info@mountbeauty.org.au

FITNESS ACTIVITIES

 Free Tawonga Outdoor Fitness Equipment Classes Tawonga Pioneer Memorial Park

Tuesdays 11th, 18th, 25th October 2022 Time: 10am - 11am

Bookings Essential: Maureen Ryland 0437 366 982 or maureen.ryland@alpinehealth.org.au

Free Mount Beauty Outdoor Fitness Equipment

Time: 10am - 11am

Rotary Park Tuesdays 8th, 15th and 22nd November 2022

Bookings Essential: Maureen Ryland 0437 366 982 or maureen.ryland@alpinehealth.org.au

Mount Beauty, Myrtleford, Bright Park Runs - Every Saturday 8am

Harrietville Half Marathon 2 October www.harrietvillehalfmarathon.com

Pranavama & Bandhas Masterclass 9 October

www.brightyogaspace.com

LOCAL EVENTS • 73rd Myrtleford Show 22 October

www.themyrtlefordshow.com.au

 Bright Spring Festival 24 October - 1 November www.brightspringfestival.com.au

Mount Beauty Writers Festival 15 October www.mountbeautywritersfestival.com Bright Make It, Bake It, Grow It Market 15 October,

9.00am, Howitt Park, Bright Myrtleford Flea Market 8 October, 8.00am,

29 Elgin Street, Myrtleford Mount Beauty Community Market 1 October,

Bright Drive-In Cinema 21 October www.brightspringfestival.com.au

9.00am Corner Hollonds Street and Kiewa Crescent

Bright Spring Festival 21 October to 1 November www.brightspringfestival.com.au

Myrtleford Farmers Market 22 October, 8.30am

www.myrtlefordfarmersmarket.com.au

MUSIC AND THEATRE Wangaratta Performing Arts Centre

www.wangarattapac.com.au The Cube Wodonga

www.thecubewodonga.com.au Albury Entertainment Centre

www.alburyentertainmentcentre.com.au

Find out what events and activities are happening near you by visiting the Alpine Shire Events Page. www.alpineshire.vic.gov.au/events

www.seniorsonline.vic.gov.au



Victorian Seniors Festival



Finding Elvis

Time: 8.30am - 1.30pm

Cost: \$10

Mount Beauty Men's Shed.

Come and see, come and try. Speak to our members about the benefits of being part of the National Men's Shed Association

Where: 2 Tennis Court Avenue

Starring Julia Roberts and George Clooney. A divorced couple

Mount Beauty Alpine Leisure Group Open



Free Coffee and biscuits

Myrtleford Alpine Leisure Group Open Door

Time: 10.00 - 12.00 Where: Myrtleford Senior Citizens Centre.

Monday 17

Time: 2.00pm Where: Myrtleford Library 20 O'Donnell Ave - 5751 1591

Collect your free picnic lunch from a local

Time: 12.00pm - 2.00pm Where: Federation Square, Mount Beauty

Bright History Walk

Bright Seniors Picnic Collect your free picnic lunch and make your

way to Howitt Park where you can have a caricature created by Ink by OZ and take it **Time:** 12.00pm - 2.00pm

Speakers

7.00pm Speakers Helen Robinson, Glen Johnson & Alpine Shire Council. Living with cats and wildlife - cat

complete the survey.

Where: Bright Croquet Club, Burke Street

More information: John 5750 1437

Game followed by a light luncheon. Wear sturdy shoes Time: 10.30am

Mount Beauty Tennis Club - Over 50s Tennis. For all players 50+. Come and join us for a hit and make new